



Area/County	Mental Health Service/Support	Contact Details	Child or Adult Services
Dublin	CICP (GP referral), counselling	01 7957170 01 7957171	Adult
Dublin	Jigsaw Dublin City, mental health support	dublincity@jigsaw.ie	Child
Dublin	DDOC - suicide support services	1850 22 44 77	Both
Dublin	ALONE, mental health, support	0818 222 024	Adult
Dublin 1	SHINE, counselling	083 800 4039	Adult
Dublin 13	Target, counselling	01 867 0279	Adult
Dublin 15	Jigsaw, mental health support	01 890 5810	Child
Dublin 9	Pieta House, counselling	01 883 1000	Both
Dublin/South West Wicklow	HSE National Counselling Service, sexual abuse, trauma	1800 234112	Adult
Fingal	Fingal Counselling Service	01 890 2596	Adult
Kildare	KDOC, suicide support services	1890 599 362	Both
Kildare	CICP (GP referral), counselling	01 4585743	Adult
Kildare	Newbridge Family Resource Centre, counselling	045 438 173	Both
Kildare	Curragh Family Resource Centre, counselling	045 456 883	Both
Kildare	Kildare Youth Services, counselling	045 897 893	Child
Kildare	Pieta House (Lucan), counselling	01 601 0000	Both
Kildare	HALO Drug and Alcohol Service, counselling	045 872 500	Child
Kildare	Jigsaw Clondalkin, mental health support	01 538 0087	Child

Kildare	Anam Cara Parental and Sibling Bereavement Support, counselling	01 404 5378 085 2888 888	Adult
Kildare	County Kildare Leader Partnership	045 895450	Adult